

Tecnia Institute of Teacher Education

Pre – Board Examination (April 2010)

ECCE II Year

Child Health and Nutrition

Time: 3 Hrs.

M.M.: 40

General Instructions:-

- (i) All questions are compulsory.
- (ii) All questions carry equal marks.

- Q1. What are the signs. of good health? What steps will you take to inculcate good habits of personal hygiene in a nursery school going?
- Q2. What are the different types of pollution? How does environmental pollution affect the health of an individual and how we keep a check of pollution level?
- Q3. What is safe drinking water? Name four water borne diseases and explain how water can be made safe for drinking.

or

What first aid measures would you adopt for the following (write an any two)

- a. Dogs bite
- b. Burns
- c. Poisoning
- iv. sprain

Q4. Define 'communicable, how would you identify the occurrence of T.B. and Eye Infection in Pre – School children? What are the causes of occurrence of the above two?

or

What are the courses symptoms & preventive measures for diarrhea and constipation among children?

Q5. What do you understand by 'Balanced Diet'? Plan a day's balanced diet keeping in mind the nutritional requirement of the pre – school child.

Q6. What is food adulteration? Name any two food product's in which argemone seeds are used as adulterants.

Q7. Why immunization is essential? Write immunization schedule for children from 0 – 5 years.

Q8. Explain the functions of two agencies working in the area of Health & Nutrition.

or

Discuss the Health and Nutrition programmes carried out by I.C.D.S. in the age group 0 – 6 years.